

GRACE OF THE MOON

Sexual and Reproductive Health Education



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Program Details

FAE (Fertility Awareness Educator) and RHE (Reproductive Health Educator) Teacher training and Certification

Who this program is for: For those desiring a thorough and holistic education to become a certified Fertility Awareness Educator and Reproductive Health Educator.

The TTP program will provide:

- The educational foundation and material mastery for creating and sustaining a FAM teaching and consulting practice. A certified FAE will be prepared to offer:
 - FAM for self awareness, birth control, and conscious conception
 - FAM for gauging gynecological health throughout the reproductive years
 - Basic diet and lifestyle practices to uphold hormonal health
 - Working with ‘abnormal’ and ‘irregular’ charts; assessing and referring
 - Support around conscious sexuality
 - Sexual and reproductive health basics
- The resources needed for a FAM practice including hand-outs, documents, charts, and other organizational materials
- Basic professional skills for running a business
- Counseling skills necessary for working with women in this capacity
- Certification from Grace of the Moon
- Membership, acknowledgement and pending* certification with the professional organization AFAP (Association of Fertility Awareness Professionals)

*AFAP is the only international network of non-religiously based Fertility Awareness Professionals. It is the evolution of the Fertility Awareness Network (FAN) and FA Center, which were founded in 1981 by Barbara Feldman and more recently facilitated by FAE Ilene Richman. AFAP provides FA professionals the opportunity to stay connected, share information, research, and case studies. AFAP is currently being transformed to better serve the needs of the growing community of practitioners. An AFAP committee is working steadily to complete international certification guidelines for FAE's, which will make AFAP the umbrella organization accrediting programs such as Grace of the Moon. Currently, GOTM certification is recognized for membership and FAE status by AFAP. By 2016 those certified through GOTM will be automatically certified by AFAP as well.

Cost:

Tuition for TTP program: \$4400. Payment plans are available.

~Does not include text books, study guide or travel expenses for intensive.

~All else included.

~Scholarships are potentially available for those in need.

Program format:

Year One: Completion of Six training modules. Modules will be sent via email.

Each module will contain:

Module outline and goals

Reading assignments from text books

Choices for research assignments and presentations

Hand out assignments

Study Guide Questions

Booklist and Resources

Class schedule and private consult schedule

Your assignments and creations for each module include (in this order):

(Note: I have added estimated time commitments per module)

Read/research as suggested (several hours)

Complete study questions (couple/few hours)

Do additional suggested reading as desired (as many hours as you'd like)

Complete one research paper: 1-2 pages (2-3 hours)

Create one or more hand-outs for teaching use: 1+ pages (2-3 hours)

Prepare class presentation and write outline (2-3 hours)

Print and snail mail all completed paperwork to Sarah (10 minutes)

Attend one guest teacher lecture (during a scheduled class)

Attend one private module review session with Sarah (1 hour)

On-line Classes

We meet regularly for 6 weeks of every 2 months then have two weeks off before beginning the next module.

Class days may change according to participant needs, but currently are as follows:

Every Wednesday morning 9am-12 PST

plus two Monday evenings per module 5:30-7:30pm PST. (total: 22 hours).

Classes consist of reviewing assignments, sharing reports and projects, teacher and guest teacher lectures, group discussions and chart reviews.

Module schedule:

New module released every other new moon

1 module due every two months for 12 months

Year Two, first six months: Continued material mastery and FAE Internship

Content (in 'rounds' of four weeks each):

Master classes: teacher, guest teacher and student lectures and discussion on topics of interest

Practice classes: students are offered a chance to practice teaching to peers.

Chart reviews/Case Studies: teacher and student led

Study Group: student led classes on topics of interest

Intensive:

All students are invited (required for graduation) to attend a weeklong intensive in Ashland, Oregon with morning and afternoon sessions and training opportunities with local professionals in related fields. Lodging and travel **not** included. Guest lectures and all sessions **are** included.

Internship: When prepared to do so, students may begin internship phase of program during this time. See notes below.

Schedule: One 3 hour class per week.

One week long intensive in Ashland, OR during spring of year two. Dates TBA.

Private sessions with teacher as needed.

Year Two, second six months: Study Group and Internship:

Content:

Monthly on-line classes with group, including chart reviews and master classes

Teaching classes with friends and community, recorded by student

Critique of classes with classmates and instructor

Private sessions as needed

Graduation!

Schedule: TBA

