

GRACE OF THE MOON

Preconception and Fertility Awareness Services



Sarah Naomi Bly, FAE, DEM
Fertility Awareness Educator, Midwife

Program Details

Who this program is for:

FAE teacher training and certification (TTC): For those desiring a thorough education in how to become a Fertility Awareness Educator and offer FAM in their community.

FAE advanced teacher certification program (ATC): For health care practitioners who are already comfortable teaching FAM and are interested in becoming certified as an FAE.

The TTC program will provide:

- the educational foundation and material mastery for creating and sustaining a FAM teaching and consulting practice. A certified FAE will be prepared to offer:
 - FAM for self awareness, birth control, and conscious conception
 - FAM for gauging gynecological health
 - Basic diet and lifestyle practices to uphold hormonal health
 - Working with ‘abnormal’ and ‘irregular’ charts; assessing and referring
 - Support around conscious sexuality
 - Sexual and reproductive health basics
- the resources needed for a FAM practice including hand-outs, documents, charts, and other organizational materials
- basic professional skills for running a business
- counseling skills necessary for working with women in this capacity
- connections to the FAE professional network in the United States and abroad
- certification from Grace of the Moon
- pending certification from the Fertility Awareness Network (FAN) **see below
- an invitation to the FAN online list-serve

The ATC program will provide:

- critique and counsel on teaching skills and material comprehension
- review of relevant paperwork and handouts
- peer-review of case studies
- assistance in mastery of weak areas and skills
- certification from Grace Of The Moon
- pending certification from the Fertility Awareness Network (FAN) **see below
- an invitation to the FAN online list serve

**FAN is the only international network of secular Fertility Awareness Professionals. It is an offshoot of the Fertility Awareness Center, which was founded in 1981 by Barbara Feldman and is now facilitated by FAE Ilene Richman. FAN provides FA professionals the opportunity to stay connected, feel their part in the global movement of Fertility Awareness, and share information, research, and case studies. FAN is currently undergoing large changes, seeking to become stronger and more available to the growing community of practitioners. Therefore, until the new format of FAN emerges, they are not able to commit to being the certifying body for candidates from the Grace of the Moon program. However, it is *very* likely that by the completion of the program, FAN will be up and running. At that point, certification from FAN is not guaranteed, but is most likely. The worst-case-scenario would be that FAN certification is a separate process with an additional fee, but available and encouraged for Grace of the Moon graduates. Thank you for your understanding.

Cost:

Tuition for TTC program: \$4200. Payment plans are available.

~Does not include text books or study guide. Does not include travel expenses.

~All else included.

~Scholarships are potentially available for those in need.

Tuition for ATC program: See below for details.

Program format:

TTC:

Year One: Completion of Six training modules

Each module will contain:

reading assignments from text books

research assignments to be done via books and internet research

relevant hand-outs

chosen study questions from the Study Guide

Your assignments and creations for each module include (in this order):

(Note: I have added estimated time commitments to help you plan)

read/research as suggested (several hours)

complete study questions (couple/few hours)

do additional suggested reading as desired (as many hours as you'd like)

schedule your sessions (15 minutes)

complete one research paper: 1-2 pages (2-3 hours)

create one hand-out for teaching use: 1 page (2-3 hours)

prepare class presentation and write outline (2-3 hours)

one private question/answer session with Sarah (1 hour)

mail all completed paperwork to Sarah (30 minutes)

present class presentation via Skype: (20 minutes) plus critique (~10 minutes)
participate in classmates presentation/critique: (30 minutes x5)
one student comrade study session (1-2 hours)
one session with additional FAM practitioner (1-2 hours)
one session with teacher-in-training (1-2 hours)
one Skype session with Sarah to review module (1 hour)

Module schedule:

1 module due every two months for 12 months
1 training assessment session after 3 modules (1 hour)
1 training assessment session after 6 modules (1 hour)

Year Two, first six months: Continued basic education mastery

Additional subjects studied as per personal interest

Creation of class outlines and paperwork

Review of outlines and paperwork

Chart reviews

Practice sessions and practice classes with classmates

One weeklong intensive in Ashland, Oregon with morning and afternoon sessions and training opportunities with local professionals in related fields. Lodging and travel **not** included. Guest lectures and all sessions **are** included.

Ceremony

Year Two, second six months: Study Group and Teacher-In-Training Phase:

Observing private consults with Sarah and other professionals

Chart reviews

Practice classes with friends and community, recorded

Critique of classes with classmates and instructor

Graduation!

ATC: This program will involve a more specialized curriculum designed to meet each applicant where they are on their path to being a FAE. The assessments will be done by several colleagues from the Fertility Awareness Network. Depending on experience, it will involve some variation of the following steps.

- Review of already created paperwork
- Review of outlines for classes offered
- Peer review of classes taught
- Peer review of private consults
- One-on-one sessions with a FAE to improve material and teaching skills
- Focus sessions on weak links in material comprehension
- Optional advanced studies in chart interpretation & alternative healing modalities
- Free access to TTC student comrade study sessions

- Access to FAN professional list-serves and networks

The time it will take will also be dependent on the experience you bring in with you. The tuition will be at an hourly rate with additional fees for administration, certification, and entrance into the Fertility Awareness Network.

~Per hour rate: \$70 (subject to change)

~Administration fees: \$50/month

~Certification fees: Grace of the Moon: \$100 one-time fee

Fertility Awareness Network: TBA fee plus yearly dues